

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Bacon, Quorn sausages, Hash browns, toast & beans	poached eggs & Toast	Pain Aux chocolate & toast	Scrambled eggs & toast	Pancakes & Toast	
As well as the hot breakfast items we provide a full choice of cereals including Porridge. Yogurt, fruit salad and 150 ml fruit juice						
	Bolognese sauce	Roast Turkey	Lamb & vegetable filo pie	Battered cod Or Gluten free salmon and dill fishcake	A selection of baguettes & sandwiches	House choice
	Quorn meatless balls in tomato sauce	Vegetable loaf	Macaroni cheese	Butternut squash Filo pie	Oven baked Jacket potatoes With a selection of fillings	
	Pasta (Gluten free available) Garlic bread slice (Gluten free available) Broccoli Sweetcorn	Roast Potatoes Savoy Cabbage carrots	Mashed potato Green vegetable medley	Oven Chips Peas Baked beans Curry sauce	Potato wedges Mixed salads	
	Cupcakes	Chocolate and pear Sponge with custard	Jelly and ice cream	Cookies	Fruit, Mousse or yogurts	
A full Salad bar incorporating a selection of cold meats, cheese, seafood, quiches and home baked bread are available every lunchtime. We also provide a freshly made soup and jacket potatoes with a selection of fillings.						
	Southern fried chicken or Vegetarian fajita With Herby diced potato	Beef Tacos with White rice, guacamole and sour cream Or Veggie hot dogs and potato wedges	Home-made pizza Curly fries Baked Beans Corn on the cob	Pasta with a creamy Chicken and bacon sauce Or Vegetarian quesadillas Potato wedges	Sausage casserole and Mashed potato	House choice
A reduced salad bar, Fresh Fruit Salad and yogurts will be served with tea every evening						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soft boiled Eggs & Toast	Bacon, Quorn sausages, Hash browns, toast & beans	poached eggs & Toast	Pain Aux chocolate & Toast	Scrambled eggs & toast	Pancakes & Toast	
As well as the hot breakfast items we provide a full choice of cereals including Porridge. Yogurt, fruit salad and 150 ml fruit juice						
Chicken and Basil in a tomato sauce	Lamb steaks With Rosemary sweet potatoes	Roast Pork with stuffing & apple sauce	Cottage pie	Jumbo Fish fingers Or Gluten free salmon and dill fishcake	A selection of baguettes & sandwiches	House meal
Quorn Bolognaise	Sweet and sour Quorn pieces	Vegetarian loaf	Quorn and mushroom pie	Mixed pepper, new potato and cheese frittata	Oven baked Jacket potatoes With a selection of fillings	
Pasta (Gluten free available) Garlic bread slice (Gluten free available) Green beans sweetcorn	Braised white rice Cauliflower Broccoli	Roast potato Carrots Peas	Garlic and herb roasted New potatoes Green vegetable medley	Oven Chips Peas Baked beans Curry sauce	Potato wedges Mixed salads	
Jam and coconut sponge with custard	Apple, sultana & cinnamon rice pudding	Lemon cream crunch	Belgian Waffles with assorted sauces & squirty cream	Gingerbread biscuits	Fruit, fruit jelly or yogurts	
A full Salad bar incorporating a selection of cold meats, cheese, seafood, quiches and home baked bread are available every lunchtime. We also provide a freshly made soup and jacket potatoes with a selection of fillings.						
Beef and mushrooms or Italian mixed bean stew with mashed potato	Vegetable noodles (Gluten free available) With Vegetarian or duck spring rolls (teriyaki chicken for G/F diet)	Chicken Burger (Gluten free available) or Spicy bean burger Home-made Potato wedges Salad	Homemade French bread pizza (Gluten free available) Curly fries Baked beans or corn on the cob	Sweet and sour chicken balls (Gluten free available) with egg fried rice or Vegan schnitzel wraps with Caesar salad	Lasagne al forno	House Choice
A reduced salad bar, Fresh Fruit Salad and yogurts will be served with tea every evening						

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Soft boiled Eggs & Toast	Bacon, Quorn sausages, Hash browns, toast & beans	poached eggs & Toast	Pain Aux chocolate & Toast	Scrambled eggs & toast		
As well as the hot breakfast items we provide a full choice of cereals including Porridge. Yogurt, fruit salad and 150 ml fruit juice						
Turkey meatballs (Gluten free available) In a tomato sauce	Beef Balti	Roast Chicken leg & Stuffing ball	Pasta Bolognese bake (Gluten free available)	Baked Pollock fillet with lemon and herb crust Or Gluten free salmon and dill fishcake		
Quorn & chick pea Korma	Vegetable Kiev	Gluten free Red onion & goats cheese tart	Creamy mushroom pie	Vegan Chicken style nuggets		
Pasta (Gluten free available) White rice Green beans peas	Braised white rice Sweetcorn broccoli	Roast potato Carrots Peas	New potatoes Roasted garlic courgettes Broccoli	Oven Chips or roasted new potatoes, Peas Baked beans Curry sauce		
Apple crumble and Custard	Lemon and poppy seed cake	Chocamisu	Eton mess	Choc ice Or Lemonade ice lolly		
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Cajun Spiced ham fried rice or Mexican Lasagne	Chicken or Quorn Burritos Sour cream, guacamole, salsa and salad	BBQ Pulled pork roll herby diced potatoes & Chunky slaw Or Risotto stuffed peppers	Pizza night (Gluten free available) curly fries Baked beans or corn on the cob			
A reduced salad bar, Fresh Fruit Salad and yogurts will be served with tea every evening						

